

ESTAR

The following are the forms of the verb *estar*:

Yo <i>estoy</i> (I am)	Nosotros <i>estamos</i> (We are)
Tú <i>estás</i> (You are)	
Él (He is)	Ellos (They are)
Ella <i>está</i> (She is)	Ellas <i>están</i> (They are)
Usted (You are) <small>Polite form</small>	Ustedes (You all are)

USES OF THE VERB 'ESTAR'

Use the verb 'estar' when you are talking about the following:

H **Health:** Yo *estoy* bien. (*I am well.*); Ella *está* mal. (*She is not well.*)

E **Emotion:** Yo *estoy* feliz. (*I am happy.*); Él *está* triste. (*He is sad.*)

L **Location:** Ellos *están* en la cafetería. (*They are in the cafeteria.*)

P **Progressive Tense:** *Está* nevando. (*It is snowing.*); *Está* lloviendo. (*It is raining.*)

COMMON EXPRESSIONS WITH ESTAR RELATED TO HEALTH AND EMOTIONS

estar enfermo (a) to be sick

estar mal to be unwell

estar bien to be well

estar delicado (a) to be weak

estar mareado (a) to be queasy, dizzy

estar constipado (a) to have a bad cold

estar resfriado (a) to have a cold

estar nervioso (a) to be nervous

estar enojado (a) to be angry

estar triste to be sad

estar tranquilo (a) to be calm

estar preocupado (a) to be worried

estar ocupado (a) to be busy

estar contento (a) to be happy

estar cansado (a) to be tired

estar de buen humor to be in a good mood

estar de mal humor to be in a bad mood