

PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT

106 Washington Avenue, Plainview, New York 11803

(516) 434-3000

www.pobschools.org

Date: _____

Dear Parent/Guardian,

As part of the required school examination, your child is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse to know if the student's weight is within a healthy range or is too high or too low. Recent changes to the NY State Education Law require the BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the NY State Department of Health. If our school is selected to be part of the survey, we will be reporting to the NY State Department of Health information about our student's weight status groups. Only summary information is sent. No names and no information about individual students are sent. ***However, you may choose to have your child's information excluded from this survey report.***

The information sent to the NY State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to your school nurse.

Thank you very much for your cooperation.

Please DO NOT include my child's weight status information in the 2019 - 2020 School Survey.

Child' Name : _____

Parent Signature _____