

# In~Car Activity

## Parking Lot Play

While keeping safety as your primary goal, allow yourself some time in an empty parking lot to “play”. Once you have gotten to know about your vehicle and its controls, give yourself time to see how it feels for *you* to be in control *it*. Be patient with yourself and try to enjoy discovering how your vehicle moves and responds to your inputs. Take it slow and be willing to stop, shift into PARK and gather yourself whenever you start to feel stressed or flustered. You may discover that some things come very naturally to you, and other things will be much harder than you thought they would be. Don't worry! You've got plenty of time to learn.

