

# WORKSHEET LESSON #2

Part I:  
Pre-Driving  
Checks

What are 4 checks must you make before driving a vehicle?

1. **Adjust the car to fit your body**
2. **Setting the Mirrors**
3. **Safety Features**
4. **Knowing the main Features**

As you approach your vehicle, what things should you look for?

**Something that could get in the way (bottles, glass etc.), animals, children, tire damage, leaking fluid**

How should you sit?

**Comfortable up-right position, behind steering wheel, but back in the seat**

Part II:  
Adjusting the  
vehicle to fit you

How many inches should your chest be from the center of the steering wheel? **10**

To move the seat the proper distance from the wheel, with your arm extended, your **palm** should line up with the **top of the steering wheel**.

You should be able to comfortably reach the accelerator and brake pedal without **lifting** your heel.

Adjust the steering wheel so that the top of the wheel is even with **your shoulders**.

How should you grip the wheel?

**Both hands, either side of the wheel 9-3 or 8-4**

Part III:  
Mirror settings  
and use

To adjust the driver's (left) side mirror, move your head: **to rest on the closed window**.

To adjust the passenger's (right) side mirror, move your head: **below the rear-view mirror**.

The only way to be sure that the space next to you is open is to:

**Look you're your shoulder.**

How do you know your mirrors are properly adjusted?

**You can track a car from in front of you to in back of you or vice-versa (peripheral, side mirror, rear-view mirror, or vice-versa.**

Why should you always lock your doors?

1. **Keep strangers out.**
2. **Keep you in.**

What are the 3 collisions that occur during a crash?

- ❖ **Vehicle hits an object.**
- ❖ **Occupant hits the interior of the car.**
- ❖ **Organs hit skeletal structures.**

Proper use of Safety Belts during a crash:

- ❖ Increase the chance of survival by **25%**.
- ❖ Reduce the chance of injury by **50%**.

Who is responsible for making sure that all passengers are properly belted in?

**The driver.**

How should the seatbelt be worn?

**Low across the hips and snug across the chest.**

What is the head restraint for? **Keeping the head from snapping back**

Where should it be adjusted? **Top even with the top of the head**

Do you still need to wear seatbelts if your car has airbags? **Yes**

Why are loose objects in the car dangerous?

**In the event of a crash the objects will fly forward.**

What are the functions of the following controls:

- ❖ Gear lever: **Selects which gear the transmission is in.**
- ❖ Accelerator: **How fast (how much gas)**
- ❖ Brake pedal: **Slowing Down**
- ❖ Parking brake: **Hold parked vehicle in its place**
- ❖ Horn: **(announce your presence; change behavior)**
- ❖ Turn signal lever: **Controls indicator lights**
- ❖ Hazard lights: **(attracts attention)**

Why should you turn the headlights on every time you drive?

**Increases your visibility to other drivers**

A driver is **5** times more likely to be killed in a crash if:

**The backseat passengers are not wearing a seatbelt.**