

Winter 2 Parent Meeting

January 11, 2022



Important Dates

January 18th - First day of the Winter 2 Season

February 1st - Chinese New Year - No School - No Practice

February 21st - 25th - February Break - No School - No Practice

March 25th - Last day of the Winter 2 Season



Athletic Department Values

- 1) Student Athletes and Coaches will aim for, pursue and achieve high academic standards.
- 2) Student Athletes and Coaches will compete passionately, but with integrity, pride and class.
- 3) Student Athletes and Coaches will develop and have a sense of community pride and social responsibility.
- 4) Student Athletes and Coaches will possess strength of character and high moral purpose



Plainview-Old Bethpage Department Philosophy

MODIFIED LEVEL (JR. HIGH SCHOOL): This stage of participation is a formal introduction of organized interscholastic contests. Skill development, learning the rules, sportsmanship and fair play are emphasized. Playing time is evenly distributed based on participation and effort.

JUNIOR VARSITY LEVEL: The Junior Varsity Level is intended for those student-athletes who display the potential for continued development into a productive Varsity level player. The atmosphere is more competitive and the focus is on skill, conditioning work, ethics and reliability. Emphasis is placed on fundamental skill strategies of team play and social-emotional development. A specific amount of playing time is never guaranteed, but there is an effort to balance the sometimes conflicting goals of winning and of getting everyone into the game.

VARSITY LEVEL: The Varsity level of play is designed for the highly skilled who will be participating against other schools' skilled players. It is the most demanding and competitive of all programs. Prior participation in an off season program does not guarantee an athlete's spot on the roster, even if the athlete was a member the preceding year. Once a member of the team, the student-athletes and parents must understand that playing time may vary extensively. It is vital that each team member understands their role on the team. It is the coach's responsibility to convey this information to the team members. The selection of captains is determined by the coach's individual philosophy.

Sport Clearances - Family Id

1. All Sport Clearances will be completed using Family ID
2. Winter 2 Registration Link
 - a. <https://www.familyid.com/plainview-old-bethpage-athletics/middle-school-2021-2022-winter-2-athletic-registration>



Google Classrooms

1. Each team will maintain a Google Classroom during the season
2. Things that will be posted:
 - a. Practice schedules - locations and times
 - b. Game schedules - games and times
 - c. Other important information - uniforms, family id links, COVID registration links, etc....
3. For a complete list of Google Classroom codes please refer to the january 4th letter sent from my office or [click here](#)

COVID Guidelines

1. **Masks must be worn indoors at all times** - mask breaks are permitted but students must remain at least 3' apart during them (water breaks)
 - a. 2 exceptions to this rule - Swimming and Gymnastics
2. Students in High Risk Sports who are not vaccinated will be subject to weekly COVID testing
 - a. Sports considered ***High Risk***
 - i. Basketball
 - ii. Volleyball
 - iii. Cheerleading
 - iv. Wrestling
3. THERE IS NO “AS TOLERATED” regarding the mask policy everyone indoors must wear a mask at all time
4. New Guidance from the NYS DOH regarding Extracurricular Activities and Students eligible for the Booster Shot

Tryout Procedure

1. Tryouts are the first 3-5 days of the season
2. Prior participation in a program does not guarantee an athlete's spot on the roster, even if the athlete was a member the preceding year.
3. Roster sizes are set by the Head coach in conjunction with the Athletic Director
4. Club affiliation and preseason workouts are not a factor in our decision making process
5. Should you have a question regarding your child's tryout please contact the head coach



Practice Schedule/Expectations

- 1) Middle School - 5 days a week (No practices on holidays and breaks)
- 2) Practice Locations
 - a) Bowling - Syosset Bowling
 - b) MS Volleyball and Basketball will practice at home schools - practices will be stacked 3:45 and 5:30
 - c) Wrestling - POBMS Aux Gym

Transportation to offsites will be provided

Volleyball and Basketball practices will be stacked once again - please see your team's google classroom for practice times

Parent/Coach Communication

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH

- Philosophy of the coach.
- Expectations the coach has for your child as well as all players on the squad. Locations and times of all the practices and contests.
- Team requirements, team rules, special equipment, off-season
 - Recommendations for improvement of skills.
- Procedure should your child be injured during participation.
- Discipline that results in the denial of your child's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach's philosophy.

Parent/Coach Communication (Cont.)

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

- Playing time
- Team strategy
- Play calling
- Other student athletes

Other Items

1. Travel Release - forms can be emailed to Mdunat@pobschools.org please email the form and a copy of the parents drivers license and if someone other than the parent is picking up please email us their license as well.
2. Game Schedules
http://170.24.253.25/sportspak/oecgi3.exe/O4W_SPAKON_LINE_HOME

Contact Information

1. **Athletic Office** - 516-434-3100
 - a. Joseph Braico - jbraico@pobschools.org
 - b. Miranda Dunat - mdunat@pobschools.org
 - c. Jo-Anne Filonuk - jofilonuk@pobschools.org
2. **Middle School Athletic Coordinator**
 - a. Jay Obloj - jobloj@pobschools.org
3. **Athletic Trainers**
 - a. Nikki Kaplan - nikkaplan@pobschools.org (High School)
 - b. Anthony Navarro - anavaro@pobschools.org (Middle School)