

Parents' Meeting Spring Season 2023

March 8, 2023



Important Dates



Spring Sports Start Dates

- 3/13/22 - Varsity and JV - Baseball, Softball, Boys and Girls Outdoor Track, Girls' Flag Football, Boys and Girls Golf
- 3/20/22 - Varsity and JV - Boys Tennis, Girls Badminton, Boys and Girls Golf
- 3/27/22 - Middle School - Baseball, Softball, Boys and Girls Track, Boys and Girls Lacrosse, Girls Tennis

March 8th - Spring Parent Meeting

March 14th - POB Booster Club Meeting

April 6-14th - Spring Break - *JV and Varsity teams will have practices/games over break*

April 18th - POB Booster Club Meeting

May 7th - SAT

May 1-12th - AP Exams

May 17th - POB Booster Club Meeting

May 29th - Memorial Day

June 13th - Spring -JV and Varsity Award Ceremony - 7:00pm

June 14th - Senior Student Athlete and Wall of Fame Dinner - 6:30pm

Athletic Department Values

- 1) Student Athletes and Coaches will aim for, pursue and achieve high academic standards.
- 2) Student Athletes and Coaches will compete passionately, but with integrity, pride and class.
- 3) Student Athletes and Coaches will develop and have a sense of community pride and social responsibility.
- 4) Student Athletes and Coaches will possess strength of character and high moral purpose



Plainview-Old Bethpage Department Philosophy

MODIFIED LEVEL (JR. HIGH SCHOOL): This stage of participation is a formal introduction of organized interscholastic contests. Skill development, learning the rules, sportsmanship and fair play are emphasized. Playing time is evenly distributed based on participation and effort.

JUNIOR VARSITY LEVEL: The Junior Varsity Level is intended for those student-athletes who display the potential for continued development into a productive Varsity level player. The atmosphere is more competitive and the focus is on skill, conditioning work, ethics and reliability. Emphasis is placed on fundamental skill strategies of team play and social-emotional development. A specific amount of playing time is never guaranteed, but there is an effort to balance the sometimes conflicting goals of winning and of getting everyone into the game.

VARSITY LEVEL: The Varsity level of play is designed for the highly skilled who will be participating against other schools' skilled players. It is the most demanding and competitive of all programs. Prior participation in an off season program does not guarantee an athlete's spot on the roster, even if the athlete was a member the preceding year. Once a member of the team, the student-athletes and parents must understand that playing time may vary extensively. It is vital that each team member understands their role on the team. It is the coach's responsibility to convey this information to the team members. The selection of captains is determined by the coach's individual philosophy.

Sport Clearances - Family Id

1. All Sport Clearances will be completed using Family ID
 - a. [High School Letter about Family Id](#)
 - b. [Middle School Letter about Family Id](#)

2. Family Id website -
<https://hello.familyid.com/>



Google Classrooms

1. Each team will maintain a Google Classroom during the season
2. Things that will be posted:
 - a. Practice schedules - locations and times
 - b. Game schedules - games and times
 - c. Other important information - uniforms, family id links, COVID registration links, etc....
3. Some teams will also provide other forms of communication via Remind, Emails, Group text, etc...

*** If you do not know your google classroom code please click on the following link for more information - [JV/V Spring Letter](#) and [MS Spring Letter](#)

Tryout Procedure

1. Tryouts are the first 3-5 days of the season
2. Prior participation in a program does not guarantee an athlete's spot on the roster, even if the athlete was a member the preceding year.
3. Roster sizes are set by the Head coach in conjunction with the Athletic Director
4. Club affiliation and preseason workouts are not a factor in our decision making process
5. Should you have a question regarding your child's tryout please contact the head coach



Schedules - Rschool

1. Section VIII Athletics has moved on from Sports Pak and we are now using Rschool for all scheduling concerns
2. Website Links:
 - a. POB-JFK HS - <https://www.section8ny.org/public/genie/1488/school/634/>
 - b. POBMS/Mattlin - <https://www.section8ny.org/public/genie/1488/school/630/>
 - i. We are in the process of working with RSchool Today to have POBMS and Mattlin with separate websites.
3. Help Center - <https://www.training.rschooltoday.com/page/104270>

Practice Schedule/Expectations

- 1) JV/Varsity - 6 days a week
 - a) Weight Room is open for HS students during 10th and 11th period
 - b) Family Vacations and Club Practices -Missing practice due to a family vacation and/or club practice is considered an unexcused absence and subject to team rules
- 2) Middle School - 5 days a week (No practices on holidays and breaks)
 - a) Family Vacations and Club Practices -Missing practice due to a family vacation and/or club practice is considered an unexcused absence and subject to team rules
- 3) Practice Locations

Transportation will be provided for student athletes of teams that do not practice at their home school.

Safety Protocols

ALL STAFF, PLAYERS AND PARENTS ARE REQUIRED TO ENTER THROUGH THE FOLLOWING ENTRANCES:

POB-JFK HS - MAIN ENTRANCE

POBMS - MAIN ENTRANCE

MATTLIN MS - MAIN ENTRANCE

STRATFORD ROAD - MAIN ENTRANCE

Parent/Coach Communication

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH

- Philosophy of the coach.
- Expectations the coach has for your child as well as all players on the squad. Locations and times of all the practices and contests.
- Team requirements, team rules, special equipment, off-season
 - Recommendations for improvement of skills.
- Procedure should your child be injured during participation.
- Discipline that results in the denial of your child's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach's philosophy.

Parent/Coach Communication (Cont.)

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

- Playing time
- Team strategy
- Play calling
- Other student athletes

Other Items

1. Travel Release - forms can be emailed to mdunat@pobschools.org or jofilnuk@pobschools.org please email the form and a copy of the parents drivers license and if someone other than the parent is picking up please email us their license as well.

Contact Information

1. **Athletic Office** - 516-434-3100
 - a. Joseph Braico - jbraico@pobschools.org
 - b. Miranda Dunat - mdunat@pobschools.org
 - c. Jo-Anne Filonuck - jofilonuk@pobschools.org
2. **High School Athletic Coordinator**
 - a. Jeff Salzberg - jsalzberg@pobschools.org
3. **Middle School Athletic Coordinator**
 - a. Jay Obloj - jobloj@pobschools.org
4. **Athletic Trainers**
 - a. Nikki Kaplan - nikkaplan@pobschools.org (High School)
 - b. Olivia Shipley - oshipley@pobschools.org (Middle School)