



# Plainview-Old Bethpage Athletics

## Winter 1 Practice Schedule: Week 1

### Mattlin

	MONDAY 11/7/2022	TUESDAY 11/8/2022	WEDNESDAY 11/9/2022	THURSDAY 11/10/2022	FRIDAY 11/11/2022
<b>7th Grade Girls Volleyball</b>	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin	3:45- 5:15 pm @Mattlin	3:45- 5:15 pm @Mattlin	
<b>8th Grade Girls Volleyball</b>	5:30 - 7:00pm @Mattlin	5:30-7:00pm @Mattlin	3:45- 5:15 pm @Mattlin	3:45- 5:15 pm @Mattlin	
<b>7th Grade Boys Basketball</b>	3:45- 5:15 pm @Mattlin	3:45- 5:15 pm @Mattlin	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin	
<b>8th Grade Boys Basketball</b>	3:45- 5:15 pm @Mattlin	3:45- 5:15 pm @Mattlin	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin	
<b>B/G Winter Indoor track</b>	3:45- 5:15pm @ HS track	3:45- 5:15pm @HS Track	3:45- 5:15pm @HS Track	3:45- 5:15pm @HS Track	
<b>Boys Swimming</b>	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm	



# Plainview-Old Bethpage Athletics

## Winter 2 Practice Schedule: Week 2

### Mattlin

	<b>MONDAY</b> <b>11/14/2022</b>	<b>TUESDAY</b> <b>11/15/2022</b>	<b>WEDNESDAY</b> <b>11/16/2022</b>	<b>THURSDAY</b> <b>11/17/2022</b>	<b>FRIDAY</b> <b>11/18/2022</b>
<b>7th Grade Girls Volleyball</b>	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin	3:45- 5:15 pm @Mattlin	5:30-7:00pm @Mattlin	3:45- 5:15 pm @Mattlin
<b>8th Grade Girls Volleyball</b>	5:30 - 7:00pm @Mattlin	5:30-7:00pm @Mattlin	3:45- 5:15 pm @Mattlin	5:30-7:00pm @Mattlin	3:45- 5:15 pm @Mattlin
<b>7th Grade Boys Basketball</b>	3:45- 5:15 pm @Mattlin	3:45- 5:15 pm @Mattlin	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin
<b>8th Grade Boys Basketball</b>	3:45- 5:15 pm @Mattlin	3:45- 5:15 pm @Mattlin	5:30 - 7:00pm @Mattlin	5:30-7:00pm @Mattlin	5:30-7:00pm @Mattlin
<b>B/G Winter Indoor track</b>	3:45- 5:15pm @ HS track	3:45- 5:15pm @HS Track	3:45- 5:15pm @HS Track	3:45- 5:15pm @HS Track	3:45- 5:15pm @HS Track
<b>Boys Swimming</b>	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm	@POB 3:45- 5:15 pm