



# PLAINVIEW-OLD BETHPAGE

DEPARTMENT OF PHYSICAL EDUCATION, HEALTH, ATHLETICS AND RECREATION

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Dear Parents/Guardians,

The Plainview-Old Bethpage Central School District believes that it is important to instill a sense of pride in oneself and their community. We hope our students will be able to recognize the many positive outcomes of giving back to their community and helping others.

If your child is enrolled in either Health 9/10 or Health 12 courses for the 2024-2025 school year each student will participate in a required community service project. This will entail that each student enrolled in Health 9/10 and Health 12 must complete 5 hours of volunteer work/service **This year students may begin counting hours starting from July 1, 2024 through the end of their respective health course.** Students are free to choose service work that has personal meaning for them, but *hours must be affiliated with a community agency, a non-profit organization or be school sanctioned.* Hours must be done solely for this requirement and cannot be affiliated with another course, club or team prerequisite. Students should receive approval from their health teacher or the health department prior to beginning their volunteer work.

Once activities are selected, students will be expected to maintain a log documenting and substantiating their service work. At the conclusion of their Health Education course students will present a culminating project reflecting on their experiences. This project will represent 20% of the student’s overall health grade. Failure to complete the volunteer work and the accompanying project will result in an incomplete for the course.

Some appropriate activities that students have participated in the past are volunteer work at a local daycare, school sanctioned tutoring, organizing charitable walks or fundraising events, visiting senior citizens at a local nursing home, working at food pantries, helping at animal shelters and coaching youth sport teams. Students are not limited to these activities; there are many opportunities that are appropriate.

We ask that you let us know that you have read this letter by signing the bottom portion and having your child return it to his/her health teacher at the beginning of the school year. If you have any questions, please feel free to contact the health department.

Thank you for your support.

*Joseph Braico*

Joseph Braico

I have read the above letter and am aware that all students are required to complete 5 hours of community service during their Health Education courses. I am also aware that the culminating project will count towards 20% of their final health average.

\_\_\_\_\_  
Name of Student

\_\_\_\_\_  
Health Education Teacher

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent’s Signature