



PLAINVIEW-OLD BETHPAGE

DEPARTMENT OF PHYSICAL EDUCATION, HEALTH, ATHLETICS AND RECREATION

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Dear Parents/Guardians,

With fall sports approaching I want to alert families that ALL student athletes must have a current physical (completed within the last 12 months) and uploaded into Family ID as part of the registration process.

The physical can be completed by your family physician. Please make sure that when you upload the physical that you physician is using the NYS SCHOOL HEALTH EXAMINATION FORM (<https://www.pobschools.org/cms/lib/NY01001456/Centricity/Domain/1057/health-exam-form-2023.pdf>)

Those families who are unable to get a physical via family physician or who are in need of a sports physical may see the school district doctor. The doctor will be on site the following dates and times. Appointments will be required to be seen please register using the links below.

Fall Sports Physicals

August 21, 2023

8:00am-10:00am- JV/Varsity Student Athletes ONLY (**JV/Varsity football players will be given priority**) at POB-JFKH HS

August 24, 2023

8:00-10:30am – POB-JFK HS - Varsity/JV Student Athletes ONLY

11:00-12:30pm – Mattlin MS - Mattlin MS Student Athletes ONLY

1:00-2:30pm - POBMS - POBMS Student Athletes ONLY

To set up an appointment with the school doctor please sign up using the following links:

August 21-Varsity and JV Student Athletes ONLY

<https://www.signupgenius.com/go/70A0549A8AA23A4F94-spring1>

August 24th-Varsity and JV Student Athletes ONLY

<https://www.signupgenius.com/go/70A0549A8AA23A4F94-vandjv>

August 24th- Mattlin Student Athletes ONLY

<https://www.signupgenius.com/go/70A0549A8AA23A4F94-mattlin4>

August 24th- POBMS Student Athletes ONLY

<https://www.signupgenius.com/go/70A0549A8AA23A4F94-pobms8>

If you have any questions please contact the POB Athletic Department.

Thank you and GO HAWKS!!!!

Joseph Braico