

Parents' Meeting Fall Season 2022/2023 —

August 24, 2022



Important Dates



Fall Sports Start Dates

Monday, August 22nd – 1st day of Practice - JV/V Football

Monday, August 29th - 1st Day of Practice - All remaining JV/Varsity Fall Sports

Tuesday, September 6th – 1st Day of Practice – All Middle School Fall Sports and Varsity Kickline

Fall Events

September 2, 2022 - 1 Day of School

October 11-15th - Homecoming Week

October 15th - Homecoming Game at 3:00pm

October 17th -21st - Coaches vs. Cancer Week

October 21st - Coaches vs. Cancer Game at 6:30pm

November 19th - POB Turkey Trot (rain date 11/20) - POBMS Track

November 22nd - JV/Varsity Fall Award Ceremony - POB-JFK HS – 7:00pm

POB Athletic Booster Club Meetings

September 13th - 7pm @ POB-JFK HS

October 6th - 7pm @ POB-JFK HS

November 16th - 7pm @ POB-JFK HS

SAT DATES

October 1, 2022

November 5, 2022

ACT Dates

September 10, 2022

Athletic Department Values

- 1) Student Athletes and Coaches will aim for, pursue and achieve high academic standards.
- 2) Student Athletes and Coaches will compete passionately, but with integrity, pride and class.
- 3) Student Athletes and Coaches will develop and have a sense of community pride and social responsibility.
- 4) Student Athletes and Coaches will possess strength of character and high moral purpose



Plainview-Old Bethpage Department Philosophy

MODIFIED LEVEL (JR. HIGH SCHOOL): This stage of participation is a formal introduction of organized interscholastic contests. Skill development, learning the rules, sportsmanship and fair play are emphasized. Playing time is evenly distributed based on participation and effort.

JUNIOR VARSITY LEVEL: The Junior Varsity Level is intended for those student-athletes who display the potential for continued development into a productive Varsity level player. The atmosphere is more competitive and the focus is on skill, conditioning work, ethics and reliability. Emphasis is placed on fundamental skill strategies of team play and social-emotional development. A specific amount of playing time is never guaranteed, but there is an effort to balance the sometimes conflicting goals of winning and of getting everyone into the game.

VARSITY LEVEL: The Varsity level of play is designed for the highly skilled who will be participating against other schools' skilled players. It is the most demanding and competitive of all programs. Prior participation in an off season program does not guarantee an athlete's spot on the roster, even if the athlete was a member the preceding year. Once a member of the team, the student-athletes and parents must understand that playing time may vary extensively. It is vital that each team member understands their role on the team. It is the coach's responsibility to convey this information to the team members. The selection of captains is determined by the coach's individual philosophy.

Sport Clearances - Family Id

1. All Sport Clearances will be completed using Family ID
 - a. [High School Letter about Family Id](#)
 - b. [Middle School Letter about Family Id](#)

2. Family Id website -
<https://hello.familyid.com/>



Google Classrooms

1. Each team will maintain a Google Classroom during the season
2. Things that will be posted:
 - a. Practice schedules - locations and times
 - b. Game schedules - games and times
 - c. Other important information - uniforms, family id links, COVID registration links, etc....
3. For a complete list of Google Classroom codes please refer to the July 27th letter sent from my office or [click here](#)
4. Some teams will also provide additional forms of communication via Remind, Emails, Group text, etc...

Tryout Procedure

1. Tryouts are the first 3-5 days of the season
2. Prior participation in a program does not guarantee an athlete's spot on the roster, even if the athlete was a member the preceding year.
3. Roster sizes are set by the Head coach in conjunction with the Athletic Director
4. Club affiliation and preseason workouts are not a factor in our decision making process
5. Should you have a question regarding your child's tryout please contact the head coach



Practice Schedule/Expectations

- 1) JV/Varsity - 6 days a week
 - a) Weight Room is open for HS students during 10th and 11th period
 - b) Family Vacations and Club Practices -Missing practice due to a family vacation and/or club practice is considered an unexcused absence and subject to team rules
- 2) Middle School - 5 days a week (No practices on holidays and breaks)
- 3) Preseason Practice Schedule
 - a) Click on the following link: <https://www.pobschools.org/Page/3494>

Transportation to offsites will be provided

Schedules - Rschool

1. Section VIII Athletics has moved on from Sports Pak and we are now using Rschool for all scheduling concerns
2. Website Links:
 - a. POB-JFK HS - <https://www.section8ny.org/public/genie/1488/school/634/>
 - b. POBMS/Mattlin - <https://www.section8ny.org/public/genie/1488/school/630/>
 - i. We are in the process of working with RSchool Today to have POBMS and Mattlin with separate websites.
3. Help Center - <https://www.training.rschooltoday.com/page/104270>

Parent/Coach Communication

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH

- Philosophy of the coach.
- Expectations the coach has for your child as well as all players on the squad. Locations and times of all the practices and contests.
- Team requirements, team rules, special equipment, off-season
 - Recommendations for improvement of skills.
- Procedure should your child be injured during participation.
- Discipline that results in the denial of your child's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach's philosophy.

Parent/Coach Communication (Cont.)

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

- Playing time
- Team strategy
- Play calling
- Other student athletes

Other Items

1. Travel Release - forms can be emailed to mdunat@pobschools.org or jofilonuk@pobschools.org please email the form and a copy of the parents drivers license and if someone other than the parent is picking up please email us their license as well.

Contact Information

1. **Athletic Office** - 516-434-3100
 - a. Joseph Braico - jbraico@pobschools.org
 - b. Miranda Dunat - mdunat@pobschools.org
 - c. Jo-Anne Filonuck - jofilonuk@pobschools.org
2. **High School Athletic Coordinator**
 - a. Jeff Salzberg - jsalzberg@pobschools.org
3. **Middle School Athletic Coordinator**
 - a. Jay Obloj - jobloj@pobschools.org
4. **Athletic Trainers**
 - a. Nikki Kaplan - nikkaplan@pobschools.org (High School)
 - b. Olivia Shipley - (Middle School)