

---

---

# Junior Night Presentation

— October 10, 2024 —

---

---

# The College Search



- Alphabet Soup
  - -SUNY, CUNY, State Schools, Private Schools
- Naviance Student
- Visiting Virtual/Live
- Rural, Suburban, Urban
- What is a “good fit”?



# College Applications

- Common Application
- Institutional Applications
- When do we start?

THE COMMON  
APPLICATION



**KEEP  
CALM  
AND  
APPLY TO  
COLLEGE**

# What Factors are Considered in the College Admissions Process?

- Academics: Transcript
- SAT and/or ACT
- Extracurricular Activities
- Resume
- Personal Essay and Supplements
- Recommendation Letters
- Demonstrating Interest

# Transcript

Academics-rigor with reality

Challenging yourself appropriately

Senior Year Courses

Important schedule selection

Completed Courses				
Year	Grade	Mark	Level	Credit
<b>2010 -2011</b>				
H.B. Mattlin Middle School				
		97		1.00
		86		1.00
		94		0.50
<b>Credits Earned:</b>	<b>2.50</b>		<b>GPA:</b>	<b>92.000</b>
<b>2011 -2012</b>				
POBJFK High School				
		P		0.25
		93		1.00
		84	H	1.00
		95		1.00
		93	H	1.00
		87		1.00
		95		1.00
		95		1.00
		P		0.25
<b>Credits Earned:</b>	<b>7.50</b>		<b>GPA:</b>	<b>91.714</b>
<b>2012 -2013</b>				
POBJFK High School				
		96		0.50
		P		0.25
		92		1.00
		96	H	1.00
		90	H	1.00
		85		1.00
		74	H	1.00
		93		1.00
		93		0.50
		P		0.25
		94		0.50
<b>Credits Earned:</b>	<b>8.00</b>		<b>GPA:</b>	<b>89.533</b>
<b>2013 -2014</b>				
POBJFK High School				
		91		0.50
		P		0.25
		82	AP	1.00
		94	H	1.00
		89	AP	1.00
		86		1.00
		85		1.00
		97		1.00
		92		0.50
		P		0.25
<b>Credits Earned:</b>	<b>7.50</b>		<b>GPA:</b>	<b>89.214</b>

ECONOMICS-1	92		0.50
AP GOVT/POL	87	AP	0.50
PRECALCULUS	84		1.00
SPANISH-5 COLLEGE	94		1.00
COLLEGE ACCTNG.	78		1.00
LIFETIME SPRT/S	100		0.25
HEALTH - 12	95		0.50
<b>Credits Earned:</b>	<b>6.50</b>	<b>GPA:</b>	<b>87.083</b>

Assessment Record		
Assessment	Score	Date
Regents Phy Set/Earth Sci	93	6/17/11
Regents Phy Set/Chemistry	76	6/18/13
Regents Phy Set/Physics	83	6/20/14
Regents Global History	98	6/13/13
Regents Integrated Algebra	88	6/14/12
Regents Geometry	80	6/19/13
Regents Algebra2/Trigonometry	76	6/18/14
Regents ELA	88	1/27/14
Regents US History&Gov't	99	6/17/14
Regents Living Environment	93	6/19/12
FLACS Checkpoint A: Spanish	94	6/20/11
FLACS Checkpoint B: Spanish	95	6/17/13

- \* Honors Courses are weighted by an additional 5%
- \* Advanced Placement courses are weighted by an additional 7%
- \* Weighting applied ONLY when calculating cumulative average
- \* "H" denotes Honors weighting
- \* "AP" denotes Advanced Placement weighting
- \* "DSF" = Subject Drop Fail = 60
- \* "WAD" = Excessive Absences = 50
- \* "AUD" = Audit Status = 50
- \* "SS" denotes courses taken in summer school

Transcript is unofficial unless signed by a school official and seal is raised.

Official Signature

# SAT and/or ACT

- Holistic review of an application
  - Test Optional- [FairTest.org](https://www.fairtest.org)
- When should I take?
  - **SAT**: November 2; December 7; March 8, **March 12- for POB Juniors ONLY**; May 3; June 7
  - **ACT**: October 26; December 14; February 8; April 5; June 14\*\*
  - To register: [www.collegeboard.org](https://www.collegeboard.org); [www.actstudent.org](https://www.actstudent.org)

\*\*AT POBJFKHS

# SAT and/or ACT

- How do I prepare?
  - [Method Learning](#)
  - [Princeton Review](#)
  - Virtual Resources:
    - College Board and ACT websites: [Khan Academy](#) **(FREE)**
    - Castle Learning: Methodize **(FREE for POBJFK Students)**

# SAT and/or ACT

- Testing accommodations
  - Parent Consent Forms-- [College Board](#) and [ACT](#)
    - College Board – apply once!
    - For ACT: Register for exam first, then provide ACT ID on consent form
  - All testing is separately reviewed and approved by College Board and ACT
    - Note deadlines!
- Applying to college...
  - Student is responsible to send official score report



# Resume

## How Do You Get Started Writing a Resume/Activity Sheet?

- Naviance is a Useful Tracking Tool for All Extracurricular Activities
- [Additional Resume Template](#)

## What Do You Include In a Resume?

- Clubs, Athletics, Employment, Volunteer/Community Service, Activities, Hobbies

## Why Is Having a Resume Important?

- Colleges/Universities Don't Know What You Don't Tell Them
- It Is YOUR Responsibility to Showcase What Sets You Apart from Other Candidates
- Counselors Use Resume to Assist Them in Writing Letter of Recommendation



# Recommendation Letters

Who Should You Choose?

-Teacher BFF?

Vs.

-Teacher Who Challenged You?

Areas of Interest/Study

School Counselor Letter of Recommendation

-Junior Conference Brag Sheet

-Parent Statement

When Do You Ask For a Letter of Recommendation?

[-Initial Request for Teacher Letter of Recommendation Form](#)

-End of This School Year



# Essay

Why is it important?

Prompts

Do's and Don'ts

To AI or not to AI?

College Essay Night - March 20, 2025



**KEEP  
CALM  
AND  
WRITE  
THE ESSAY**

# Demonstrating Interest

- Campus & Virtual Visits

- College Fair- March 27th at POBJFKHS

- Interviews- on and off campus

- On-Site Admissions

- Appropriate communication

- Online and in person
  - Cameras on!

- Speak to college reps visiting our school

- 10th period, check Naviance for schedule

# College Decision Deadlines

## Early Action:

Apply early (for example: 10/15, 11/1 or 11/15) and you are notified early (typically by the end of December)

You can apply to many schools EA and make your decision by May 1st

## Early Decision:

Binding agreement - you can only apply to 1 school ED

If you get accepted to your ED school you must go

Similar timeline as Early Action

# College Decision Deadlines Continued

## **Regular Decision:**

Later application deadline typically January or February

Notified of decision typically March and April

## **Rolling Admissions:**

No actual deadline - continuously reviewing applications as they come in

Earlier is better - school will accept applications until they fill up

# Who is Responsible for What?

<b>Student</b>	<b>School Counselor</b>	<b>Teacher</b>
Submit College Application	Submit Student Transcript	Submit Teacher Recommendation Letter
Submit official SAT/ACT scores to college	Submit School Profile and other supporting documents	
	Submit Counselor Recommendation Letter	

# Timeline of Responsibilities: Junior Year

## September / October / November:

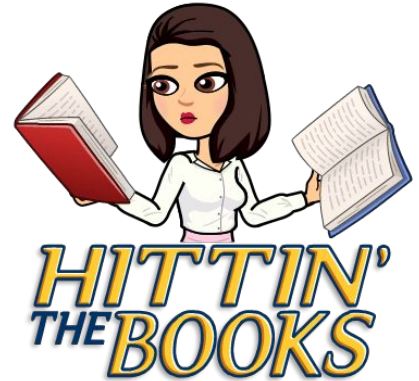
- Register and take the Preliminary SAT (PSAT)
- Attend the Junior Night

## December:

- Review PSAT results

## January / February:

- Prepare for college entrance exams (SAT and/or ACT)
- Complete Brag Sheet in preparation for Junior Conference
- Create [Common App](#) account
- Register for [SAT](#) / [ACT](#)
- Choose your senior year courses carefully





# Timeline of Responsibilities Continued...

## March / April / May / June:

- Attend your individual Junior Conference with your School Counselor
- Attend the POBJFK College Fair, Junior Round Table and College Essay Workshop
- Request letters of recommendation from teachers
- Visit colleges
- Plan to participate in enriching summer activities, such as volunteer work, acquiring a meaningful job or internship, enrolling in summer courses at college, etc.
- Student Athletes should register with the [NCAA Eligibility Center](#) and use [CoreCourseGPA.com](#) to track eligibility

## July / August:

- Read all literature received at your Junior Conference
- Review college essay topics
- Link your Naviance account to CommonApp by signing the FERPA Agreement

# What Do I Do Now?

- Self-reflect:
  - What makes you happy? How do you enjoy spending your free time?  
How do you learn best? What environment are you most comfortable in?
- Familiarize with [Naviance Student](#)
- Research and plan visits to college campuses
- Communicate with your school counselor!



# Keep the Conversation Moving

- Make an appointment with your counselor!
  - [Ms. Baker](#)
  - [Mr. DiDomenico](#)
  - [Mr. Izzo](#)
  - [Mr. Jarmon](#)
  - [Mrs. Goodwin](#)
  - [Mrs. Egosi](#)
  - [Mrs. Rivas-Laline](#)
  - [Mrs. Siegel](#)
- Check us out!
  - Follow us on X: [@GuidancePob](#)
  - Follow us on Insta: [@POBJFK\\_Guidance](#)
  - Google Classroom Class Code: [jas3j7o](#)
  - [POBJFK Guidance Website](#)
  - Guidance Newsletter



# IONA UNIVERSITY

WEDNESDAY, NOVEMBER 20

Depart POBJFKHS: ~7:30am

Return to POBJFKHS: ~4:30pm

**ALL JUNIORS ARE WELCOME**

**COST: \$50**

**RSVP: November 7, 2024**

INCLUDES:

- COLLEGE TOUR
- INFORMATION SESSION
- INTERACTIVE WORKSHOP
- LUNCH



Scan QR code to register

AREAS HIGHLIGHTED

ON THIS TRIP:

- MARKETING
- FINANCE

# THANK YOU!!!



[Ms. Jessica Baker](#)



[Mr. Domenick DiDomenico](#)



[Ms. Sara Egosi](#)



[Mr. Joseph Izzo](#)



[Mr. Daniel Jarmon](#)



[Ms. Danielle Goodwin](#)



[Ms. Cristina Rivas-Laline](#)



[Ms. Jennifer Siegel](#)