
Junior Night Presentation

— November 1, 2022 —



The College Search



- Alphabet Soup
 - -SUNY, CUNY, State Schools, Private Schools
- Naviance Student
- Visiting Virtual/Live
- Rural, Suburban, Urban campuses
- What is a “good fit”?



College Applications

- Common Application
- Institutional Applications
- When do we start?

THE COMMON
APPLICATION



**KEEP
CALM
AND
APPLY TO
COLLEGE**

What Factors are Considered in the College Admissions Process?

- Academics: Transcript
- SAT and/or ACT
- Extracurricular Activities
- Resume
- Personal Essay and Supplements
- Recommendation Letters
- Demonstrating Interest



Transcript

Academics-rigor with reality

Challenging yourself appropriately

Senior Year Courses

Important schedule selection

Completed Courses				
Year	Grade	Mark	Level	Credit
2010 -2011				
H.B. Mattlin Middle School				
		97		1.00
		86		1.00
		94		0.50
Credits Earned:	2.50		GPA:	92.000
2011 -2012				
POBJFK High School				
		P		0.25
		93		1.00
		84	H	1.00
		95		1.00
		93	H	1.00
		87		1.00
		95		1.00
		95		1.00
		P		0.25
Credits Earned:	7.50		GPA:	91.714
2012 -2013				
POBJFK High School				
		96		0.50
		P		0.25
		92		1.00
		96	H	1.00
		90	H	1.00
		85		1.00
		74	H	1.00
		93		1.00
		93		0.50
		P		0.25
		94		0.50
Credits Earned:	8.00		GPA:	89.533
2013 -2014				
POBJFK High School				
		91		0.50
		P		0.25
		82	AP	1.00
		94	H	1.00
		89	AP	1.00
		86		1.00
		85		1.00
		97		1.00
		92		0.50
		P		0.25
Credits Earned:	7.50		GPA:	89.214

ECONOMICS-1	92		0.50
AP GOVT/POL	87	AP	0.50
PRECALCULUS	84		1.00
SPANISH-5 COLLEGE	94		1.00
COLLEGE ACCTNG.	78		1.00
LIFETIME SPRT/S	100		0.25
HEALTH - 12	95		0.50
Credits Earned:	6.50	GPA:	87.083

Assessment Record		
Assessment	Score	Date
Regents Phy Set/Earth Sci	93	6/17/11
Regents Phy Set/Chemistry	76	6/18/13
Regents Phy Set/Physics	83	6/20/14
Regents Global History	98	6/13/13
Regents Integrated Algebra	88	6/14/12
Regents Geometry	80	6/19/13
Regents Algebra2/Trigonometry	76	6/18/14
Regents ELA	88	1/27/14
Regents US History&Gov't	99	6/17/14
Regents Living Environment	93	6/19/12
FLACS Checkpoint A: Spanish	94	6/20/11
FLACS Checkpoint B: Spanish	95	6/17/13

- * Honors Courses are weighted by an additional 5%
- * Advanced Placement courses are weighted by an additional 7%
- * Weighting applied ONLY when calculating cumulative average
- * "H" denotes Honors weighting
- * "AP" denotes Advanced Placement weighting
- * "DSF" = Subject Drop Fail = 60
- * "WAD" = Excessive Absences = 50
- * "AUD" = Audit Status = 50
- * "SS" denotes courses taken in summer school

Transcript is unofficial unless signed by a school official and seal is raised.

Official Signature

SAT and/or ACT

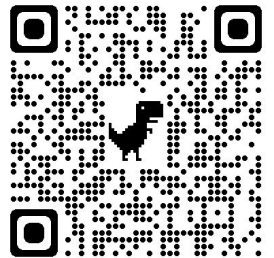
- Holistic review of an application
- SAT or ACT
 - SAT: Math, Evidence Based Reading & Writing
 - ACT: English, Math, Reading, Science, Essay (optional*)
- When should I take?
 - SAT: December 3; March 11**; May 6; June 3**
 - ACT: December 10; February 11; April 15; June 10**
 - To register: www.collegeboard.org; www.actstudent.org
 - **AT POBJFKHS

SAT and/or ACT

- How do I prepare?
 - [Method Learning](#)
 - [Princeton Review](#)
 - Virtual Resources:
 - College Board and ACT websites: [Khan Academy](#) (FREE)
 - Castle Learning: Methodize (**FREE for POBJFK Students**)

SAT and/or ACT

- Testing accommodations
 - Parent Consent Forms-- [College Board](#) and [ACT](#)
 - All testing are separately reviewed and approved by College Board and ACT
 - A separate review by each
 - Note deadlines!
- Applying to college...
 - Student is responsible to send official score report
 - Test Optional
 - [FairTest.org](#)
 - Score Choice
 - Some colleges may require all scores



SAT and/or ACT.... True or False

- Each additional question answered correctly on the SAT improves your score by 10 points.
- An incorrect answer on the SAT and/or ACT will deduct points from your overall score.
- If I pay an extra fee when registering for the SAT and/or ACT, I can receive the test and answers back.
- Is a 1060 a good score on the SAT? How about a 21 on ACT?
- I need to be a science wiz to take the ACT.
- My friend told me that colleges do not accept ACT, they only want to see SAT's.

Resume

How Do You Get Started Writing a Resume/Activity Sheet?

- Naviance is a Useful Tracking Tool for All Extracurricular Activities
- [Additional Resume Template](#)

What Do You Include In a Resume?

- Clubs, Athletics, Employment, Volunteer/Community Service, Activities, Hobbies

Why Is Having a Resume Important?

- Colleges/Universities Don't Know What You Don't Tell Them
- It Is YOUR Responsibility to Showcase What Sets You Apart from Other Candidates
- Counselors Use Resume to Assist Them in Writing Letter of Recommendation



Recommendation Letters

Who Should You Choose?

-Teacher BFF?

Vs.

-Teacher Who Challenged You?

Areas of Interest/Study

School Counselor Letter of Recommendation

-[Junior Conference Brag Sheet/Parent Statement](#)

When Do You Ask For a Letter of Recommendation?

-[Initial Request for Teacher Letter of Recommendation Form](#)

-End of This School Year



Essay

Why is it important?

Prompts

Do's and Don'ts

College Essay Night - March 14, 2023



KEEP

CALM

AND

WRITE

THE ESSAY

Demonstrating Interest

- Campus & Virtual Visits



- College fairs- March 23rd at POBJFKHS



- Interviews- on and off campus



- On-Site Admissions

- Appropriate communication



- Online and in person
 - Cameras on!

- Speak to college reps visiting our school



- 10th period, check Naviance for schedule



College Decision Deadlines

Early Action:

Apply early (typically 11/1 or 11/15) and you are notified early (typically by the end of December)

You can apply to many schools EA and make your decision by May 1st

Early Decision:

Binding agreement - you can only apply to 1 school ED

If you get accepted to your ED school you must go

Similar timeline as Early Action

College Decision Deadlines Continued

Regular Decision:

Later application deadline typically January or February

Notified of decision typically March and April

Rolling Admissions:

No actual deadline - continuously reviewing applications as they come in

Earlier is better - school will accept applications until they fill up

Who is Responsible for What?

Student	School Counselor	Teacher
Submit College Application	Submit Student Transcript	Submit Teacher Recommendation Letter
Submit official SAT/ACT scores to college	Submit School Profile and other supporting documents	
	Submit Counselor Recommendation Letter	

Timeline of Responsibilities: Junior Year

September / October / November:

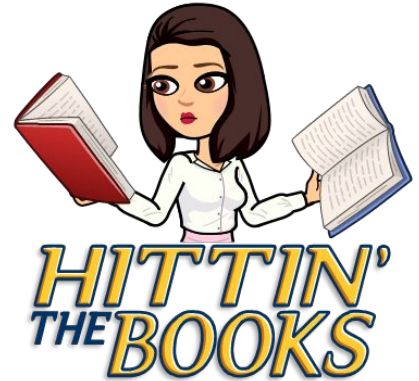
- Register and take the Preliminary SAT (PSAT)
- Attend the Junior Night

December:

- Review PSAT results

January / February:

- Prepare for college entrance exams (SAT and/or ACT)
- Complete Brag Sheet in preparation for Junior Conference
- Create [CommonApp](#) account
- Register for [SAT](#) / [ACT](#)
- Choose your senior year courses carefully



Timeline of Responsibilities Continued...

March / April / May / June:

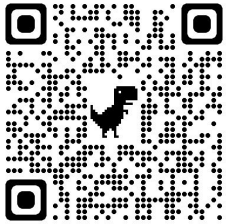
- Attend your individual Junior Conference with your School Counselor
- Attend the POBJFK College Fair, Junior Round Table and College Essay Workshop
- Request letters of recommendation from teachers
- Visit colleges
- Plan to participate in enriching summer activities, such as volunteer work, acquiring a meaningful job or internship, enrolling in summer courses at college, etc.
- Student Athletes should register with the [NCAA Eligibility Center](#) and use [CoreCourseGPA.com](#) to track eligibility

July / August:

- Read all literature received at your Junior Conference
- Review college essay topics
- Link your Naviance account to CommonApp by signing the FERPA Agreement

What Do I Do Now?

- Self-reflect:
 - What makes you happy? How do you enjoy spending your free time? How do you learn best? What environment are you most comfortable in?
- Familiarize with [Naviance Student](#)
- Research and plan visits to college campuses
- Communicate with your school counselor!



Keep the Conversation Moving

- Make an appointment with your counselor!
 - [Ms. Baker](#)
 - [Mr. DiDomenico](#)
 - [Mr. Izzo](#)
 - [Mr. Jarmon](#)
 - [Mr. Miller](#)
 - [Mrs. Egosi](#)
 - [Mrs. Rivas-Laline](#)
 - [Mrs. Siegel](#)
- Check us out!
 - Follow us on Twitter: [@POBGuidance](#)
 - Follow us on Insta: [@POBJFK_Guidance](#)
 - Google Classroom Class Code: [jas3j7o](#)
 - [POBJFK Guidance Website](#)
 - Guidance Newsletter



Thank you!

Local Podcast making an impact!

“The College Admissions Process Podcast” and can also be found anywhere you listen to podcasts. Currently, there are over 60 episodes available, with another 25 recorded and edited.

<https://docs.google.com/document/d/17smCKRwNBUuTRXZxxT4j3Fjpfjie7TXeLreLBxrl-ZI/edit?usp=sharing>